









# INTENDED USE

The Cryoknee contains three (3) main components that make up the brace.

 The universal CryoKnee softgood which may fit both the right and left knee
 The Circulating Cold Pad attachment that is inserted into the CryoKnee Universal wrap

3. The Range of Motion (ROM) hinge attachment for added knee stability

### **CIRCULATING COLD PAD INSERTION**

1. To insert a circulating cold pad 2(a), position the cold sleeve with all black material facing up and the rectangle Velcro loop pieces edged with blue stitching facing down. Open the large pocket by opening the Velcro that holds it closed.

**DJO CRYOKNEE** 

PATIENT APPLICATION

- 2. Insert the circulating cold pad with the side that is to be applied closest to the skin facing up. Ensure tubing is inserted through the small opening at the bottom of the cold sleeve. Velcro the top pocket back together.
- 3. 3(c) To reapply the cold pad, place the two Velcro squares at the top and bottom of the brace. Then apply the cold pad rectangle loop area to the Velcro squares.

## **RANGE OF MOTION (ROM) HINGE FITTING**

- 1. A pair of Range-of-Motion (ROM) Hinges are included with every CryoKnee. The hinges will fit both the left and right knees and Velcros onto the main softgood.
- 2. 4(c) Place the ROM hinges in the proper position that will fit the patient's leg. Note that the rivets that form a triangle should be pointing towards the patella.
- 3. 4(d) Test fit and adjust placement of ROM hinges as necessary.

### **CRYOKNEE FITTING**

- 1. Position the leg in full extension or with a slight bend, 5(a) ensure that the large Velcro pouch opening is located at the top and the small opening at the bottom.
- 2. 5(b) Position the CryoKnee with the circle over the patella. Note that straps can either be wrapped around the inside or the outside of the knee.
- 3. 5(c) Wrap the lower strap around the calf and 5(d) adhere it to the brace.
- 4. 5(e) Wrap the upper strap around the thigh and 5(f) adhere it to the brace. \*\*\*DO NOT OVERTIGHTEN THE STRAPS\*\*\* They should be snug but allow for ample circulation.

### Midwest Orthopaedics at Rush DME Store Contact Information

### Please call or stop in at any DME location if you have any other questions

 Chicago - 1611 W Harrison St. Suite 103, Chicago, IL - (312) 432-2482
 Westchester - 2450 S Wolf Road Suite G, Westchester, IL - (708) 273-8426

 Oak Park - 610 S Maple Ave. Suite 1550, Oak Park, IL - (312) 432-2550
 Munster - 9200 Calumet Ave. Suite S300, Munster, IN - (708) 492-5450

 Oak Brook - 2011 York Road, Oak Brook, IL - (708) 492-5664
 Naperville - 55 Shuman Blvd Suite 178, Naperville, IL - (630) 339-2262

 Joliet - 963 129<sup>th</sup> Infantry Dr. Suite 100, Joliet, IL - (708) 492-5920